

## Neighborhood Watch Newsletter

Disclaimer: Neighborhood Watch is a national Organization and is not an affiliate of the Solera HOA

### We are Neighbors Helping Neighbors

This newsletter contains information for July 2023.

The police reports have been reviewed daily for July and, as of July 30, in Solera there were no burglaries or thefts reported but we successfully found a missing person and dog. Yoo-hoo! That's good news. Remember, we track break-ins, burglaries, and thefts, not family disturbances. Be aware, there are numerous crimes in the neighborhoods around us, so let's continue to be vigilant.

Last month's newsletter included important numbers to keep handy. Omitted was the contact information for Clark County Code enforcement: 702 455-4191

### **Help Wanted:**

Ideas for future articles. What do you want to hear about? Someone to help me with formatting this newsletter. It takes me forever! Missing Block Captains needed

Do you want these newsletters continued? Contact wsaddlehorseNW@gmail.com

Lynne

Reminder: First Tuesday: August 1st, 5pm, topic to be announced

# Safety Tips for Seniors

Assault is a violent crime. You are your own best protection, and you are not helpless but you need a plan. Use the **SAFE** concept whether you are at home or out and about:

**S** = secure at home, working, shopping, walking, and driving.

A = avoid all situations where you might endanger yourself.

F = flee and run as fast as you can from danger.

**E** = engage or encounter, fight only as a last resort.

Three important reasons seniors are considered easy targets for random acts of violence:

<u>Lack of Awareness</u> - you must know where you are and <u>what's going on around vou</u>.

<u>Body Language</u> - keep your head up, swing your arms, stand straight up, but be discreet and do not draw attention to yourself.

Wrong Place, Wrong Time - Do Not walk alone in an alley or drive in a bad neighborhood at night.

#### **AT HOME**

- 1- Use deadbolts on doors. Use 3" 4" screws to secure security screen doors and in deadbolt strike plates.
- 2- Make sure you have good lighting around your property-dusk-to-dawn and motion detector lights are good in front and back yards.
- 3- Install large wide angled pee holes.
- 4- Metal front security doors are good to talk to people through without opening your main house door.
- 5- Close your window shades and blinds at night.
- 6- Never expose yourself while dressing or undressing in front of windows
- 7- Do not accept calls that have Caller ID blocks.
- 8- Install secondary locks on all windows and doors. Go to a large hardware store to see availability.
- 9- Install security laminate on vulnerable windows to help prevent breakage.
- 10- If you suspect anyone is in your home when arriving, call 911 for the police. DO NOTGO INSIDE!

### **WALKING AND SHOPPING**

- 1- Use the buddy system and Do Not Go Alone if you can help it. Avoid isolation when shopping or out and about.
- 2- Do Not accept rides from strangers. Use only reputable ride share companies or taxis.
- 3- People tend to get into their cars after shopping, eating, working, and just sit looking down or talking on their phones. Look around when approaching. car and

- then lock it immediately upon entering
- 4- Try not to be alone even in the elevator. Take the stairs or an escalator.
- 5- Ladies: do not dangle your purse or leave it in a shopping cart as you browse.
- 6- When you go out, only carry essential items.
- 7- Do not linger in dark areas.
- 8- If you drive to the park to walk your dog, carry only your driver's license, protection items like pepper spray, noise maker (like a whistle), and your cell phone.
- 9- If something looks suspicious, go to a populated area like a convenience store or strip mall. If you think you are being followed or watched, call the police. Know where you are!

### **DRIVING AND PARKING**

1-

Make sure your vehicle is properly serviced and fueled -use a roadside assistance company if auto failure.

- 2- When driving, lock all the doors and roll up all windows.
- 3- Keep valuables in your car out of sight.
- 4- Do not stop for disabled drivers.
  - -Use your cell phone to call for assistance.
  - -Do not pick up anyone you do not know.
- 5- If your vehicle breaks down:
  - -Stay inside and keep the doors locked.
  - -Call your auto club or 3-1-1 for assistance.
  - -Always park under lights and as close to the front door of a business as possible.
  - -Do not take unfamiliar routes while driving **and**, try to go in the daytime.

OUR GOAL IS TO KEEP YOU INFORMED ABOUT SAFETY AND NEIGHBORHOOD WATCH, NOT ALARM YOU!